

Slow Cooker Oats

Yields: 4 servings
Prep: 25 min

Ingredients

- 1 cup steel cut oats
- 3 1/2 cups water
- 1 cup peeled and chopped apple
- 1/2 cup raisins
- 2 Tablespoons butter
- 1 Tablespoon ground cinnamon
- 2 Tablespoons brown sugar
- 1 teaspoon vanilla extract

Directions

1. Place the steel cut oats, water, apple, raisins, butter, cinnamon, brown sugar and vanilla extract into a slow cooker, and stir to combine and dissolve the sugar. Cover the cooker, set to low, and allow to cook 6 to 7 hours (for firm oats) or 8 hours (for softer texture).